



NEWSLETTER



@FulhamGoodNeighbours



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Fulham Good Neighbours, Rosaline Hall, 70 Rosaline Road, SW6 7QT
020 7385 8850; info@fulhamgoodneighbours.org

President: The Mayor of Hammersmith and Fulham

March 1st 2021

Welcome to our March newsletter

And the first green shoots of Spring! Daffodils flowering, lambs leaping, lockdown easing... Coupled with the vaccine rollout hopefully there is finally some light now on the horizon.

The government's staggered approach sees schools re-open on the 8th; the return of the 'rule of six' from the 29th, and announcement that community centres, such as Rosaline Hall, might be able to open as early as April 12th.

Please see our April newsletter for detail on any changes to our services.

Coming soon...

So to meet local need for short term mobility aid hire, we will soon be partnering



with the British Red Cross on a new *Mobility Aids* project. More news to follow shortly.



March classes & projects

- Mon *Exercise at 3 pm*
- Tues *Art at 11 am; Gardening*
- Wed *Art at 3 pm*
- Thurs *Exercise at 2 pm & 3 pm; Reading (via telephone) at 11 am; and Food to the Door*



Art work provided by Yvonne Burke and Savitri Srivastava

Anniversaries

Last month also saw valued staff members reach milestones of our own.

Congratulations to Monique and Ruth for three years and 29 years of service respectively. Thanks to both for the dedication to our Fulham neighbours over a combined 32 years!

Card payments over the phone

Thanks to Jac's efforts we are now set up so to accept phone payment. This will be of particular value for repayment of shopping bills.

Online in 2021!

For those that do not have internet or computers, please get in touch so that we can discuss your needs.

Latest project updates

- please click the following links to learn of the latest updates:

- [Food to the Door, Decorating & DIY and Gardening](#)
- [Befriending, Good Neighbour Scheme, Social Clubs and Parsons Green Fair](#)
- [Digital Inclusion, Online Art and Online Exercise](#)





Gardening opportunities

As part of our Adopt a Garden project in partnership with Nubian Life we have various opportunity for you to learn and meet other budding horticulturalists through the 'Growing Together' and 'Herbal Remedies' online series. You can visit the Nubian Life website [here](#) to learn more about the sessions and their Josiah Braithwaite Community Garden.



Vaccination guide

Public Health England have put together a useful guide on all things vaccination related. You can access the guide [here](#). It is available for download in various languages.



Volunteer

Corner - Please see our, Volunteer Handbook [here](#) and our Safeguarding policy [here](#). Please always check the website for our latest guidance or contact us with any queries. If you are concerned for a beneficiary, please call

Covid-19 Vaccine Transportation

If you are aged 50+ and would like Age UK to arrange free taxi transport to and from your Covid-19 Vaccination appointment within Kensington and Chelsea, Hammersmith and Fulham, Westminster, Hillingdon, Harrow and Brent area, then please get in touch: ashallon@aukc.org.uk or please call on: 07947 188 221 and ask for Amy Shallon.

Jamie, our Director, on 07907 990 841. If you are concerned, out of hours, please contact LBHF Adult Social Care on 020 8753 4198 – Option 3. They can arrange a welfare check if required. In an emergency, please call 999.



YOU ARE INVITED TO THE
**VOLUNTEER
INDUCTION AND SAFEGUARDING
TRAINING**

11AM -1PM

SATURDAY 6th March 2021

ONLINE SESSION ON ZOOM



Still unsure?

Get in touch – we have good relationships with H&F council and can arrange for a panel of medical experts to join us for an online Q&A session subject to interest.



Please RSVP whether you can make it by emailing

info@fulhamgoodneighbours.org
or calling us at 020 7385 8850



The Census...

...is coming.

Volunteer Sophia Rawlings, works for Census. She fills us in below: *By taking part, you can help to inform decisions for Fulham, on matters such as schools, doctors' surgeries, bike lanes etc.*

The information you share affects the life of every single person living in England and Wales.

Census Day is Sunday 21 March. You can fill yours in online as soon as you get your access code in the post. If your household circumstances change on Census Day, you can let The Office for National Statistics (ONS) know.

Your information is protected by law. For further information or if you need help, you can visit www.census.gov.uk.



The Virus

Please find the latest government guidance, as well as details on the 'road map' to the easing of restrictions, [here](#)

'We'll Dance Again' by Turtle Key Arts and **Amici Dance Theatre Company** – a disabled and non-disabled dance group. The idea is for different areas of the community to create a dance, which would be recorded and bought together online. Please be in touch if you would like to learn more. The project can be delivered on doorsteps

or public spaces and would be developed in line with C-19 guidance and restrictions.

How do you feel about science and YOUR health?

If you are over 65, researchers at St Mary's University want to hear your views on food and lifestyle, and how nutritional innovations could impact your health.

To find out more, [click this link: bit.ly/39gu1Wa](http://bit.ly/39gu1Wa)

Or email, Jane Cramb at 183038@live.stmarys.ac.uk



Contact us

✉ info@fulhamgoodneighbours.org

🌐 www.fulhamgoodneighbours.org

☎ 020 7385 8850

Rosaline Hall, 70 Rosaline Road
SW6 7QT

Registered Charity Nr: 1113752



Supporters Scheme Form by Standing Order

Please return this completed form to:
Fulham Good Neighbours
Rosaline Hall, 70 Rosaline Road, London,
SW6 7QT



Registered Charity Number 1113752

Your details

Title	First Name	Surname
Address		
		Postcode
Telephone number	Email	

Your gift

Standing Order mandate

To the Manager

Name of your bank *Bank / Building Society*

Address of your bank

Postcode

Account No Sort Code

Account name

I would like to set up a standing order for £5 Other £

To be paid Monthly starting with the first payment on / /

and thereafter until further notice. Please quote reference: SUPPORTERS SCHEME

Please pay the above amount to: CAF Bank, 25 Kings Hill Avenue, Kings Hill,
West Malling, ME19 4JQ
Account No: 00014669 Sort Code: 40-52-40

Signature Date

Gift Aid Declaration

Gift Aid is tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

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Thank you Fulham Good Neighbours does not share your details with any third parties